



NEWS

ISF INCLUSIVE GAMES

Portugal . 2019

#0

HIGHLIGHTS

Anyone can play,
everybody wins



JULY, 7th

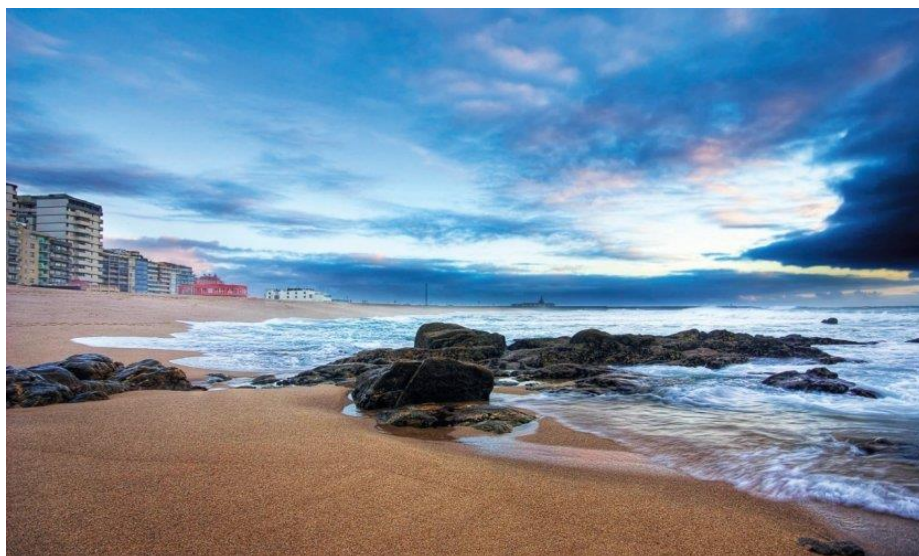
(DAY 1)

WELCOME TO PORTUGAL

Póvoa de Varzim

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WELCOME TO PÓVOA DE VARZIM

It is with great pleasure that we welcome all members of ISF, Head of Delegations, Teachers, Officials, Referees and Students from the participant countries, to the 1st edition of ISF Inclusive Games 2019, here in Póvoa do Varzim, in the north of Portugal.

You will have the chance to discover the beauty of this city facing the Atlantic Ocean and live memorable moments.

WELCOME TO PÓVOA DE VARZIM



INTERNATIONAL SCHOOL SPORT FEDERATION
Organising the biggest worldwide competitions for 13-18 years old students

www.isfinclusivegames2019.dge.mec.pt

EULÁLIA ALEXANDRE

(Vice-Chairwoman of Education)



MESSAGE

We are very proud of welcoming the first World School Inclusive Games Championship.

After Portugal's original candidacy, which was enthusiastically accepted by ISF, its first competition is now materialized in Póvoa de Varzim/ our city.

The motto "Anyone can play, everybody wins" portrays, undoubtedly, the spirit that is the highlight of these Championships.

Anyone can play and by integrating each and everyone wins!

Let the games begin!

Welcome!



Póvoa de Varzim is a coastal town located in the north of Portugal.

In the Summer, the city comes alive with the holidaymakers that want to relax and sunbathe. Its beaches have been awarded the Blue Flag, because they are clean and healthy.

The main economical activities are fishing and agriculture and some ancient methods of ploughing are still in use - it's common to see the beaches covered with sea weeds, that will be used as compost to enrich the soil thus making its products very rich.

One can do lots of things in Póvoa de Varzim – enjoy St. Peter's religious celebrations, surf, fishing, swimming in the cold waters and taste its gastronomy.



MESSAGE

Dear friends

On behalf of the Organising Committee, it is an honour and a pleasure to welcome you to Póvoa de Varzim and to the first World Championship of the Inclusive Games.

We all consider this to be a pioneer, innovative and challenging event and we are sure it will be regarded as a landmark in the history of Portugal, of ISF and of you all.

"Including through Sports" is our aim. ISF Inclusive Games will provide a unique opportunity to promote, develop and share good teaching practices of Sports for All as well as lifelong friendship.

Enjoy the games!

RUI CARVALHO

(National School Sport Coordinator)



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2. GENERAL PROGRAM

JULY 7th	10:00/22:00	Reception, Accreditation and Accommodation - Rocha Peixoto High School
	12:00/15:00	Lunch - Rocha Peixoto High School
	18:30/21:00	Dinner - Rocha Peixoto High School
	21:30	Transportation to hotels
JULY 8th	09:00/12:30	Training
	08:45	Transportation to Rocha Peixoto (HD)
	09:00	Heads of delegation meeting - Rocha Peixoto High School
	10:00	Technical meeting – Competition venues (Stadium and Sport Halls)
	10:30	Referees meeting
	12:00/14:00	Lunch - Rocha Peixoto High School
	14:30/17:00	Sports Experimentation
	17:30/18:30	Transportation to hotels
	18:30/20:00	Dinner - Rocha Peixoto High School
	20:00	Transportation to Garrett Theater
	21:30	Opening Ceremony - Garrett Theater
	22:45	Transportation to hotels
JULY 9th	08:00/13:00	Athletics Competition
	08:00/13:00	Boccia Competition
	08:00/13:00	Goalball Competition
	12:00/14:00	Lunch - Rocha Peixoto High School
	14:30/17:00	Sports Experimentation
	14:00/20:00	Inclusive Games Seminar
	17:30/18:30	Transportation to hotels
	18:30/20:00	Dinner - Rocha Peixoto High School
	20:30	Transportation to hotels
	20:30	Official Dinner - CASINO
JULY 10th	09:00/11:00	Cultural Visit
	12:00/14:00	Lunch - Rocha Peixoto High School
	14:00/16:30	Cultural Visit
	17:30/19:30	Cultural Festival
	19:30/21:00	Dinner - Rocha Peixoto High School
	21:30	Transportation to hotels
JULY 11th	08:00/13:00	Athletics Competition
	08:00/13:00	Boccia Competition
	08:00/13:00	Goalball Competition
	12:00/14:00	Lunch - Rocha Peixoto High School
	14:30/16:30	Orienteering Experimentation
	16:30/18:00	Transportation to hotels
	19:30/22:00	ISF Inclusive Games Prize Giving and Closing Ceremony - City Park of Póvoa de Varzim
	23:00	Transportation to hotels
JULY 12th		Departure



3. ACCREDITATION PROCEDURES

STEP 1

Complete control of fee payment, with HD, including all list of participants, officials and additional persons.

STEP 2

Perform identity check of participants (official list)

- . Forms of identity control
- . ID cards/ passports
- . IG accreditation cards
- . Insurance

STEP 3

Information desk

- Hotels accommodation, Catering, Transports, Official programme and some gifts.

4. MEDICAL ISSUES

EHIC AND INSURANCE

The European Health Insurance Card (EHIC) allows access to state-provided healthcare in all European countries often for free or at a reduced cost. However, it is important to have a valid private insurance policy.

MEDICAL COVERAGE AT THE EVENT

First aiders will be present throughout all the competitions, provided by the host organization committee. There is also a medical and evacuation contingency plan established with the national authorities of the Ministry of Health.

EMERGENCY NUMBER – 112 | +351 967610752 (Justino Oliveira)

5. PARTICIPATING COUNTRIES



CROATIA



ENGLAND



FRANCE



GREECE



SLOVAKIA



PORTUGAL

6. ACCOMMODATION AND MEALS



All delegations will be accommodated in **Hotel Axis Vermar** (41.3877051, -8.7725569) breakfast included, in Póvoa de Varzim. The hotel is located near the beach.

Address:

Rua da Imprensa Regional
Póvoa de Varzim 4490-518, Portugal

The meals plan is as follows:

	07/july		08/july		09/july		10/july		11/july		12/july	
	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday	
	Time	Place	Time	Place	Time	Place	Time	Place	Time	Place	Time	Place
Breakfast	7:30H 10:30H	Hotel	7:30H 10:30H	Hotel	7:30H 10:30H	Hotel	7:30H 10:30H	Hotel	7:30H 10:30H	Hotel	7:30H 10:30H	Hotel
Lunch	13h - 15h	Rocha Peixoto HS	12h - 14h	Rocha Peixoto HS	12h - 14h	Rocha Peixoto HS	12:30h - 13:30h	Garcia Orta SH (Porto)	12h - 14h	Rocha Peixoto HS	12h - 14h	Rocha Peixoto HS
Dinner	20h - 22:30h		18:30h - 20:30h		18:30h - 20:30h		19:30h - 21h	Rocha Peixoto HS	20H	Parque da Cidade - Póvoa de Varzim		
Extra Meal	*			Hotel	*		*			Hotel		

*In this days, a representative of each country gets the Extra Meals after dinner.

7. TRANSPORTATION

During the ISF championship transportation means will work on dedicated transportation mode. The transportation plan between the hotels, competition and meals areas, experimentation and cultural activities is available on a platform, that can be seen at:

<http://www.esfcastro.pt/denacionais2019>

On the platform, you can sort them out by sports activity or by delegation.



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8. COMPETITIONS

ATHLETICS PROGRAM

Tuesday 9 th JULY 2019 – Individual Competition				
TIME	EVENT	GENDER	CALL ROOM	ENTRY TO THE TRACK
9.30	LONG JUMP	BOYS	8.50 - 8.58	9.00
	SHOT PUT	GIRLS	9.00 - 9.08	9.10
11.00	LONG JUMP	GIRLS	10.30 - 10.38	10.40
	SHOT PUT	BOYS		
12.15	100 m Heats	BOYS	12.00 - 12.08	12.10
12.25	100 m Heats	GIRLS	12.10 - 12.18	12.20
12.30	AWARDS CEREMONY - SHOT PUT AND LONG JUMP			
12.45	100 m Final	BOYS + GIRLS	12.30 - 12.38	12.40
13.00	AWARDS CEREMONY – 100 meters			

Thursday 11 th JULY 2019 – Team Competition				
TIME	EVENT	GENDER	CALL ROOM	ENTRY TO THE TRACK
9.30	LONG JUMP	BOYS	8.50 - 8.58	9.00
	SHOT PUT	GIRLS	9.00 - 9.08	9.10
10.50	LONG JUMP	GIRLS	10.20 - 10.28	10.30
	SHOT PUT	BOYS		
11.50	100 m Heats	BOYS	11.35 - 11.43	11.45
12.00	100 m Heats	GIRLS	11.45 - 11.53	11.55
12.20	AWARDS CEREMONY			

BOCCIA PROGRAM

Competition				
DATE	HOUR	GAME NUMBER	ROUND	RESULT
July 9th	9:30	1	FRANCE – PORTUGAL	___X___
July 9th	11:00	2	PORTUGAL - FRANCE	___X___
July 11th	9:30	3	FRANCE – PORTUGAL	___X___
July 11th	11:00	4	PORTUGAL - FRANCE	___X___

GOALBALL PROGRAM

Competition *				
DATE	HOUR	GAME NUMBER	ROUND	RESULT
July 9th	9:30	1	_____ A x B _____	___X___
July 9th	10:30	2	_____ C x A _____	___X___
July 9th	11:30	3	_____ B x C _____	___X___

July 11th	9:30	4	_____ C x B _____	_____ X _____
July 11th	10:30	5	_____ A x C _____	_____ X _____
July 11th	11:30	6	_____ B x A _____	_____ X _____

(*) The draw will be done during the Technical Meeting.

GREECE | PORTUGAL | SLOVAKIA

SPORTS EXPERIMENTATION

During this event will be held in the afternoons (from 14:30 to 17:30) on the 8th and 9th, activities of experimentation and dissemination. Some of these experimental activities are in the water.

Overview Adapted Surfing

Surf and Stand up paddle-boarding is a global sport with a Hawaiian heritage. This introductory experience will teach participants the subtle difference and styles of boards, paddles, and equipment.

By using the swimming pools we will allow participants to practice, in a safe environment, some of the skills of the sports disciplines. The participants will be assisted in all moments by certified staff.

Life jackets will be provided.

Orienteering Friendship Team Event

The Orienteering Friendship Team Event is a non competitive event . Its goal is to bring together the participants of different sport fields and countries.

The activity will take place at the City Park, at 14h00.

The meeting point of the teams is the car park.

The teams will be put together by the ISF-IG Organization . Each team will have 10 participants of different countries, teens and adults, both genders, representing all the sport fields and must include at least 2 grown ups.

The list of the teams will be published the day before the event. The elements of each team must get together and decide the place and time of the meeting point for the next day.

Important:

All team members involved must wear comfortable shoes and clothing, and bring also a cap and sun cream.

Sailing

This experimenting activity is divided into three parts:

Activity 1 – Canoeing in a kayak and adapted sailing;

Activity 2 – Raquero sailing – class Raquero;

Activity 3 – embarking baptism

The activities will take place on the 8th and 9th July from 14h30 to 17h00.

SPORTS	8th JULY	9th JULY
GOALBALL BOCCIA	SWIMMING POOL BEACH	SAILING
ATHLETICS	SAILING	SWIMMING POOL BEACH

9. VOLUNTEERS

Young students will be involved in many areas of this organization.

High Schools from Póvoa de Varzim and Braga will participate in organising the World event, in activities concerning the competitions, guides, areas of the organization, social media and performers.

All teams will be accompanied by a guide (young student) throughout the event.

10. VENUES

The competition will take place at:



ATHLETICS

Municipal Stadium Athletics Track

Address:
Rua Sencadas, 115
4495-131 Póvoa de Varzim



BOCCIA

Municipal Sport Hall

Address:
Rua D. Maria I, 220,
4490-538 Póvoa de Varzim



GOALBALL

Rocha Peixoto Sport Hall

Address:
Praça Luís de Camões
4490-623 Póvoa de Varzim

11. IG SEMINAR

The Inclusive Games Seminar aim is to discuss inclusion models in school sports and physical education implemented in each country, as well as to present good practices.

PARTICIPATION

The Local Organizing Committee invites the participating countries to send representatives to this Seminar. The seminar will be of high interest for Physical Education Teachers, coaches and special education teachers.

ACCREDITATION PROCEDURE TO IG SEMINAR

Accreditation will be held at Rocha Peixoto HS from 1:00 pm on July 9, 2019. Enrolees must present themselves at the referred school in question and sign their attendance sheet.



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PROGRAM

July 9th 2019

13h30 | Accreditation

14h00 | Opening ceremony

Mayor of Municipality
Director of secondary school Rocha Peixoto
State Secretary for Education (*to confirm*)

14h45 | **David Rodrigues** (Counselor National Education)
“Sport as a space and vehicle for inclusion”

15h15 | Panel: Inclusion in Sports - Moderated by Jorge Carvalho (IPDJ)

Leonor Moniz Pereira (FMH)
The contribution of institutions of higher education to inclusion in initial teacher/coach formation.

Ana Sousa (FADEUP)
The role of Physical Education and Sport in the construction of a more Inclusive School.

Aija Klavina (EUFAPA)
Evidence based research on measures of physical activity in children with and without disabilities.

Mário Lopes (FPDD)
All for Sports for all: aligning the education, sports and community systems.

17h15 | Coffee Break

17h45 | Good Practices - Practical Examples of Inclusion

School Sports in England: **Karen Erikson**
AE Óscar Lopes: **Luísa Gama**
FADEUP: **Rui Corredeira**
MAPADI: **António Ramalho**

19h45 | Closing ceremony

General Director of Education

12. CULTURAL ACTIVITIES

OPENING CEREMONY

The opening ceremony will take place on the 8th July 2019, at 21h30 at the Theatre Garrett in Póvoa de Varzim. At the entrance you must show the tickets, which were given by the organization and you must be punctual.

CULTURAL FESTIVAL

The Cultural Festival will take place on the 10th July from 17h30 to 19h30 pm at Rocha Peixoto High School. This activity will give the different countries the chance of showing their typical products and also put on their customs or traditional artistic productions.

CLOSING DINNER | CLOSING CEREMONY

The Closing Dinner will take place on the 11th July, at 20h00 pm and the Closing Ceremony at 21h30, at the City Park of Póvoa de Varzim. For safety measures it is mandatory to present the Inclusive Games identification/accreditation card. It is advisable to wear warm clothing as it is an outdoor the event.

13. IG MEDIA

The following events will be live streamed through Facebook

8th July 21h30 - Opening Ceremony

10th July 17h30- 19h30 - Cultural Festival

11th July 20h – 22h - Closing Ceremony

A vídeo and a newsletter (IG NEWS) summarizing all the activities will be produced daily and released through Facebook and Instagram



<http://bit.ly/inclusivegames2019>



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<http://www.isfsports.org/>



<https://www.facebook.com/ISFinclusivegames/>



<https://www.instagram.com/isfsports/>



<https://www.linkedin.com/company/international-school-sport-federation>



<https://twitter.com/isfsports>



https://www.youtube.com/channel/UCSm7GqbvqoYN0ztnT-n6V_A

14. ACCREDITATION CARDS (AC)

*For security purposes all participants must bring at all times
their **ISF INCLUSIVE GAMES ACCREDITATION CARD***

If the Accreditation Card (AC) is lost they must ask a new one to the General Secretariat.

15. ISF FAIR-PLAY TROPHY

There will be a classification for each sport, a combined classification and a Fair-Play Trophy.

- 6 Delegations: 6 points for each sport participation (maximum 18 points for delegation)
- Athletics – 5 countries 1st – 5 points, 2nd – 4 points,..... 5th – 1 point.
- Goalball - 3 countries 1st – 3 points, 2nd – 2 points, 3rd – 1 point.
- Boccia - 2 countries 1st – 2 points, 2nd – 1 point.



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EDUCAÇÃO



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